

Learning Goals Template

Printable family guide

A practical map for grown-ups and educators

Use this guide as a clear starting point. Adapt the pace to the learner, keep sessions short, and celebrate steady effort.

Focus	A simple next step
1. Choose one meaningful goal	Choose one small activity, notice what works, and record the next step.
2. Describe what success looks like	Choose one small activity, notice what works, and record the next step.
3. Pick two small weekly actions	Choose one small activity, notice what works, and record the next step.
4. Review and celebrate progress	Choose one small activity, notice what works, and record the next step.

Plan and reflect

Write one goal for the next four weeks.

What we will try

How often

What progress will look like

What we noticed

Weekly check-in

Keep the conversation curious and pressure-free.

A win to celebrate

Something that felt tricky

One question we still have

Our next small step